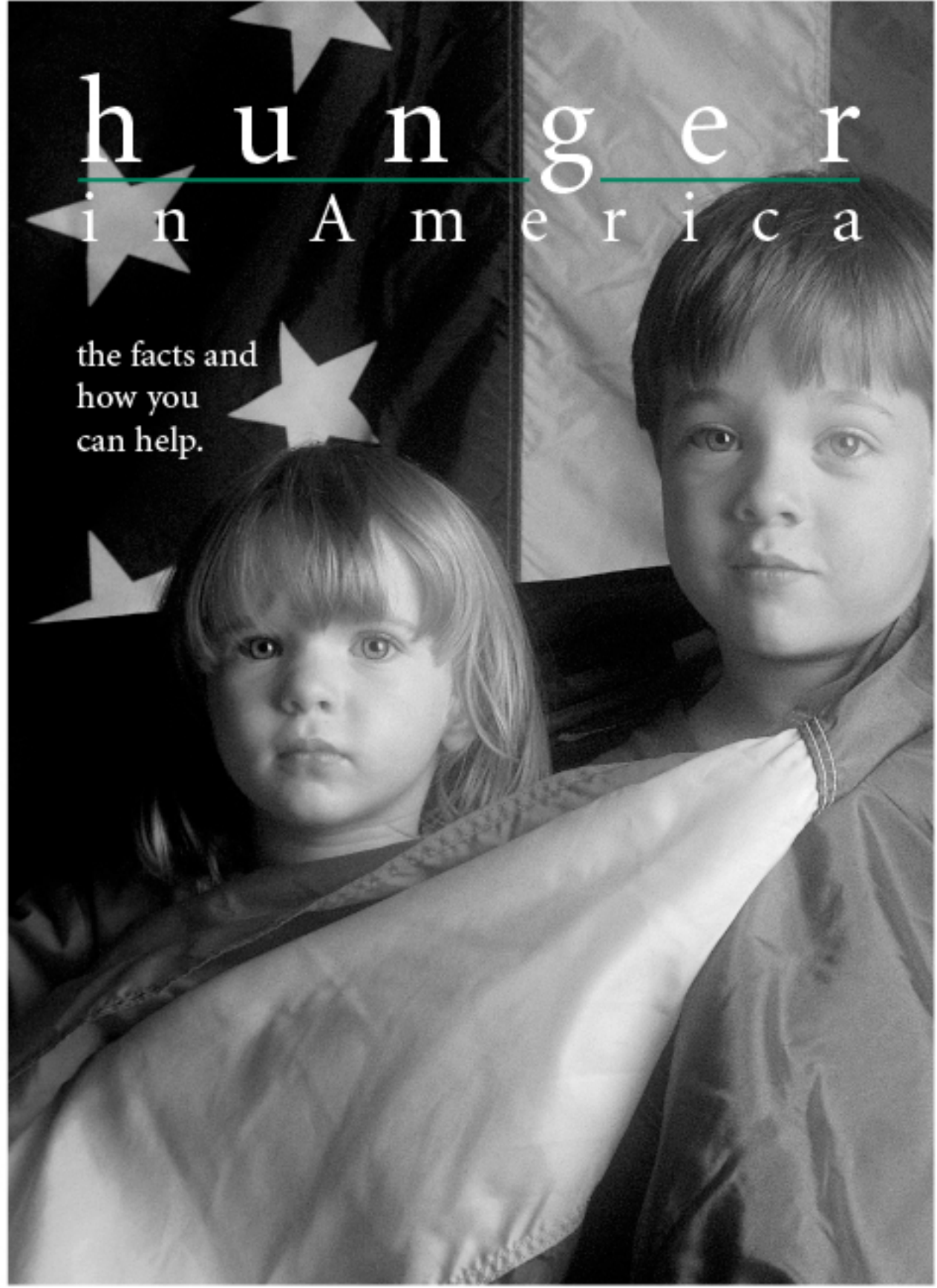




1501 John Tipton Boulevard, Pennsauken, NJ 08109
(856) 662-4884 FAX (856) 662-4489 www.foodbanksj.org

h u n g e r i n A m e r i c a

the facts and
how you
can help.





the facts about

hunger

45% have had to choose between food and paying their utilities.

36% have had to choose between food and paying their rent or mortgage payments.

30% have had to choose between food and medical care.

29% of households have at least one member in poor health.

Food Banks are by far the most important source of food for most agencies, providing 59% of food used by pantries, 43% used by kitchens and 36% used by shelters.

More than 90% of both pantries and kitchens use volunteer staff – only 33% of pantries and 55% of kitchens have any paid staff at all.

Federal government commodity programs account for about 6% of food for pantries, 5% for kitchens and 1% for shelters.

Roughly 60% of agencies surveyed report an increase since 1998 in the number of clients who come to their emergency food program sites.

O U R

m i s s i o n

“To eliminate hunger and malnutrition in the southern New Jersey counties of Camden, Burlington, Gloucester and Salem.”

“For **children** who have **not eaten breakfast**, the **educational value** of a morning spent in the **classroom may be lost**”

We actively solicit the donation of high quality, nutritious surplus foods and non-food essentials. We then provide these resources to qualified non-profit agencies, which deliver these items directly to their needy, ill or infant clients.

We assist in the development of agencies responsible in the direct distribution of food and non-food items.

We extend the Food Bank's resources to the underserved communities within our service area.

We advocate the means to eliminate hunger and the poverty that is its root cause.

your gift

of funds

“64% of our clients have
incomes at or below
the official federal
poverty level”



The Food Bank of South Jersey is a non-profit organization dedicated to feeding the hungry of the service area of Camden, Burlington, Gloucester and Salem counties in Southern New Jersey.

In continuous operation since 1985, the Food Bank of South Jersey has just entered into an exciting and dynamic time in it's 17 year history.

Through the efforts of many, our Making Room for Hope Campaign will allow us to enter and purchase a more efficient warehouse to better serve our member agencies and community. Underway since 1998, the campaign has raised \$1.1 million of the \$2 million needed to achieve this goal.

Our warehouse and office complex has enabled us to increase our floor, freezer and cooler capacity by 50%, and has given us the ability to better meet the needs of our volunteers, agencies and clients.

But while we have had great success, there is still much left to do. Our goal is to be debt free by 2003. We need your support to reach this milestone.

If you would like more information on our Making Room for Hope Campaign, would like to arrange a personal tour or make a contribution, then please call us today at (856) 662-4884 ext. 12

Remember, the money raised is not to buy a building; it is to house the food that will enable all of us to help our hungry neighbors in our community.


FOOD BANK
OF SOUTH JERSEY

“Millions of poor children have substandard intakes of important major nutrients”

your gift

o f f o o d

The Food Bank of South Jersey has worked since 1985 to salvage potentially wasted food from all levels of the food industry. You can help.

Product

We solicit donations of surplus, slightly damaged, mislabeled and slow moving food items of products approaching their shelf-life date. While these items are unsaleable in the eyes of the food donor, they are life saving and desirable in the eyes of Food Bank member agencies and food recipients.

Quality

The Food Bank of South Jersey is a member of the Second Harvest National Food Bank Network. This membership ensures that the operations, food handling, distribution and management all meet or exceed the strict guidelines established by the food industry.

Food Collection and Storage

Food Bank staff and volunteer collect and warehouse all donated product at our 45,000 square foot warehouse in

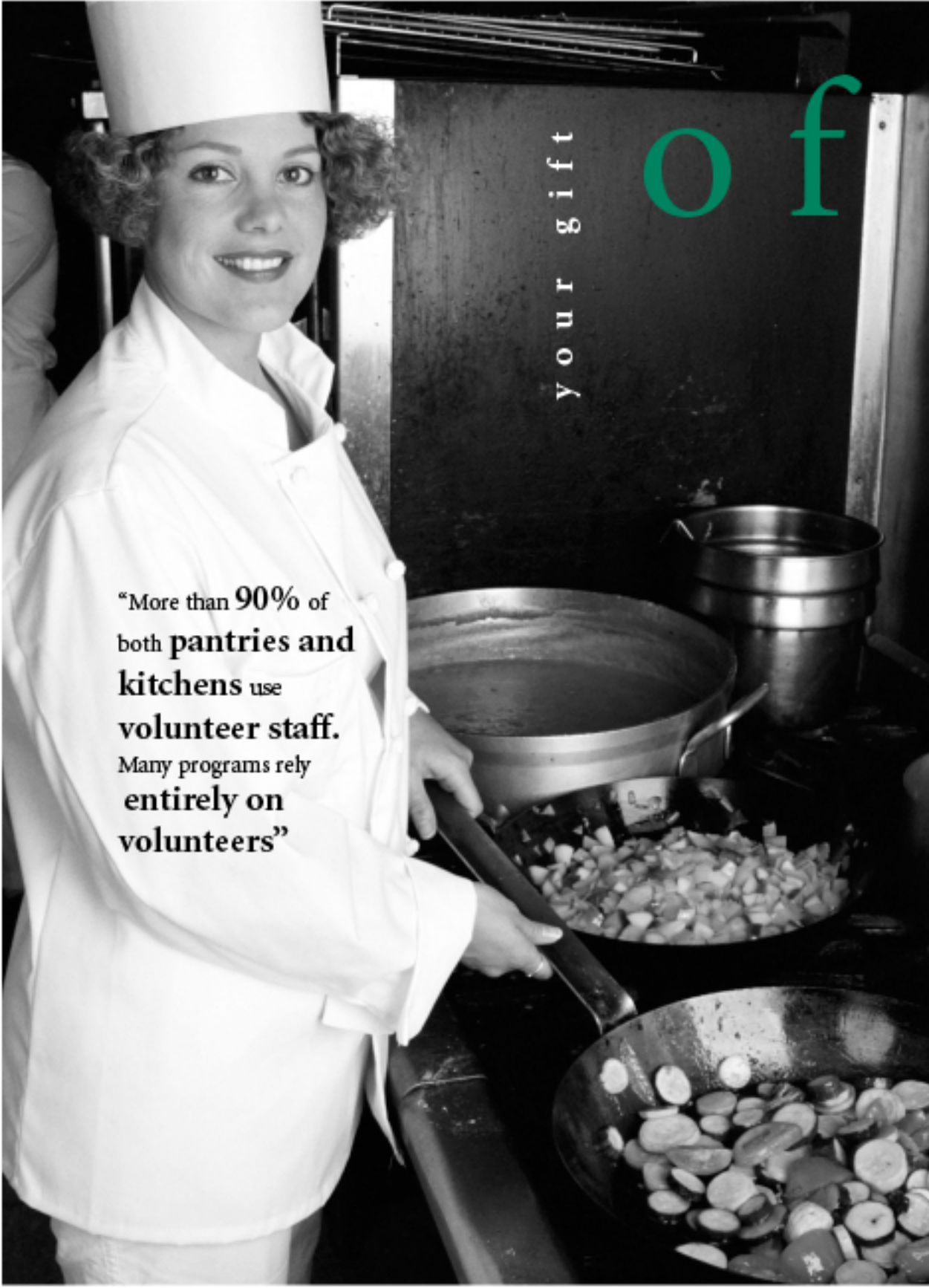
Pennsauken, New Jersey. Our dry, refrigerated and frozen storage capabilities enable us to professionally handle all food donations. Additionally, our salvage sorting area allows us to sort donations of retail product to ensure that all quality standards are met.

Distribution

Donated product is distributed through a network of 225 agencies in Camden, Burlington, Gloucester and Salem counties that provide 65,000 meals each month. Each Food Bank member agency is a 501(c)(3) nonprofit organization and is monitored annually to ensure that all food is properly handled and distributed to low income area residents in need. Member agencies include shelters, community and church emergency food pantries, soup kitchens, day care centers, halfway houses and more.

Do you know of a local food source that may not be donating to the Food Bank? Please tell us, or them about us. Please call us at (856) 963-3663


FOOD BANK
OF SOUTH JERSEY



your gift of time

time

By giving of your time, you can help in a variety of ways:

Food Sorting and Repacking

Our sorting and repacking program is perfect for individuals or groups who want to work hands-on at the Food Bank. Volunteers sort through donated items to check for unacceptable dents, broken seals and expiration dates. All volunteers receive on-the-job training.

Recommended Hours: Monday-Friday, 9:00 am to 4:00 pm
Recommended Shift: 9:00 am-12:00 pm or 1:00 pm to 4:00 pm
Open one Saturday a month for groups of 10 or more.

Office Assistant

The Food Bank has a very small staff. If you have a talent for handling phones or if you can help organize our efforts, please join our team.

Recommended Hours: Monday-Friday, 9:00 am to 4:00 pm
Recommended Shift: 9:00 am-12:00 pm or 1:00 pm to 4:00 pm

For information on these and other opportunities, please call us at (856) 662-4884

Special Events Assistant

To continue our work, we need to raise funds. Due to numerous reductions in funding sources, the Food Bank has started a calendar or special events. You can be part of the fun by serving on an event planning committee.

Recommended Hours: Flexible

“More than 90% of both pantries and kitchens use volunteer staff. Many programs rely entirely on volunteers”



how to run a

food



drive

Running a food drive is one of the most valuable activities you can provide for the food bank. Here is a how-to list on providing this most valuable of services.

A food drive is a coordinated effort by an individual, company or civic organization to collect non-perishable food and non-food items. Food may be delivered directly to the Food Bank or it can be collected at your place of business, organization or congregation.

Food Drives are important to the Food Bank and those we serve. They help fill the gaps of foods that are not typically or frequently donated. In spite of the generosity of the food industry, certain important foods are often in short supply. You can make a difference. Your efforts to organize and conduct a food drive will provide nutritious, high quality food for your neighbors in need.

Hunger doesn't take a holiday. While the holidays are typically the time when most lend a helping hand, hunger is a year-round problem. Now is the perfect time for your food drive.

The food that you collect goes to over 222 Food Bank member agencies such as soup kitchens, shelters, emergency pantries, day care centers, rehabilitation houses, and churches. These 501(c)(3) organizations care for the needy in your neighborhood.

When planning a food drive, use the following checklist:

1. What is your target area? Who will be involved?
2. Select the types of food you wish to collect. See the opposite page for a list of our most needed items.
3. Make arrangements for volunteers and transportation.
4. Decide on the length of the food drive.
5. Get the word out! Advertise your food drive.
6. Don't forget to contact the Food Bank of South Jersey. We will guide you every step of the way – from supplying food canisters to flyer ideas to arranging for your food pick up.

Most Needed Food Items

Meat & High Protein Items
canned meat • ham • spreads
stews • chicken • canned tuna
salmon • sardines • other fish
canned nuts and seeds • Peanut
Butter • Macaroni & Cheese

Dairy
Evaporated Milk • Cheese Foods
Powdered Milk
Puddings and Custards
Infant Formula

Fruits and Vegetables
Dried Fruits • Canned Fruits
Canned Juices • Canned
Vegetables • Canned Soup • Salads
• Sauces • Condiments • Salad
Dressings • Beans • Applesauce

Breads and Cereals
Cake Mix • Baking, muffin
and Roll mixes • Dry and
Breakfast Cereals • Oatmeal
Rice and Rice Cakes • Pasta

Household Goods
Cleaning Supplies • Paper
Products • Diapers • Detergent

Holiday Items
Stuffing • Cranberry Sauce
Gravies • Pickles and Olives
Pie Crust • Pie Fillings



m a k i n g a

d i f f e r e n c e

Remember, any help is welcome. And you can help the Food Bank of South Jersey in a variety of ways:

Alert the Food Industry

Do you know of any food companies that may not know that they have an option to donate versus dumping? Tell them about the Food Bank of South Jersey – or tell them about us. We'll send them information about all the benefits of donating to the Food Bank. Tell them to visit our website for more details: www.foodbanksj.org

Inform other Feeding Agencies

Are you aware of agencies not benefitting from the Food Bank program? The Food Bank is here help them gain access to more food. Please tell them that we are here to help – or give us their name. We'll invite them to tour the Food Bank and find out more about our program.

Sponsor a Food Drive

You and/or the company you work for can sponsor a food drive. Your church, synagogue, singles club, school, girl/boy scout troop, civic organization or any other club or organization can participate. Please see our information on organizing a food drive. It's easy, rewarding and can make a real difference in the lives of the less fortunate.

Volunteer

Do you have 2-3 hours each week that you'd like to dedicate to the service of the needy? The Food Bank has great projects and programs where you can have fun and make a difference in someone's life. Please look at our Volunteer Opportunities sheet for a list of ways you can actively participate. We need your help!

Charitable Contributions

The Food Bank of South Jersey is grateful for all of the support we receive. You can help by making a cash gift, a matching gift, a gift of stocks or bonds, or a gift of tangible property. Remember that your gift entitles you to a federal income tax deduction if you itemize your return. Ask your accountant for details.

Can you help? Please call us today at (856) 662-4884, or visit our website at www.foodbanksj.org


FOOD BANK
OF SOUTH JERSEY